



Ortho-One Orthopaedic Speciality Centre

February 2020

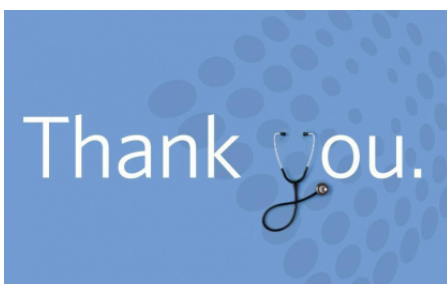


Gold Medalist - Dr. M. Shyam Sundar

We are delighted to announce that Dr. M. Shyam Sundar, (Shoulder & Elbow

Surgeries, Joint Replacement, Sports Medicine Surgeon) has been awarded the prestigious “**Prof Ramanathan Gold Medal For Consultants** .” He received this medal at the Tamil Nadu Orthopaedic Association Conference in Vellore held from February 7th to 9th , 2020. This conference was attended by approximately 1200 participants. Among the Top 6 presentations at the consultant level, Dr. Shyam’s original Research Paper was awarded the best.

It was an interesting research consisting of formulating a scoring system which will help in deciding preoperatively the kind of surgery (meniscus repair or meniscus excision) for traumatic meniscus tears.



Relief From Persistent Shoulder Pain

Mrs. Maradham from Coimbatore, aged

65 says, "I have been suffering from severe right shoulder pain for the past few years, after a fall at home. Since there was severe pain I did consult some doctors and had an injection. Later I realized that this was not a permanent solution. The pain would subside for some time and then return. As this continued I was uncomfortable and wanted a permanent solution. One of my family members suggested that I visit Ortho-One. At Ortho-One I consulted Dr. Karthik Selvaraj. After the MRI results, I was advised surgery for the problem.

The surgery was carried out successfully and now I am able to do my daily chores without any difficulties. The hospital ambience was good and the room was clean and tidy. Warm meals were served on time. The doctor was very patient and explained the surgery process in detail. Thanks to Ortho-One and team who took care of me so well.

Outreach Programmes



CCFC (Coimbatore City Football Club)

The CCFC Matches were held on February 5th, 12th and 23rd at the Nehru Stadium, Coimbatore. Ortho-One is the Sports Medicine

Partner for this sporting event. Mr. Anoop (Physiotherapist), Mr. Vipin (Staff Nurse), Mr. Ebin (Staff Nurse) and Mr. Jeyamurugan (PRO) were all part of the medical team for this sporting event.

Oriental Football Club

Ortho-One having its presence in Nilgiris since 2016 is operating a Centre in Coonoor which caters to the orthopaedic needs of the Sports teams and public.



As a CSR initiative, on Feb 16th (Monday) Ortho-One sponsored Jersey kits to the Oriental Football Club which is one of the oldest football clubs in Nilgiris.

The Oriental Football Club is participating in the B Division Football League.



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Coimbatore : No.657, Trichy Road, Singanallur, Coimbatore - 641005,
TamilNadu

Contact : 0422 4055100

Email : info@ortho-one.in , ortho.one@gmail.com

Website : www.ortho-one.in

Coonoor : No:72, Everserve Enclave, Sims Park Road, Coonoor, Nilgiris-
643101,TamilNadu

Contact : 0423 2231010 / 90954 99988

E-mail : ortho.oneconr@gmail.com

mailer lite