



## Ortho-One Orthopaedic Speciality Centre

January 2020



### I can do my fishing chores again

Mr. Mohammed Moosa, aged 65 from Maldives says, “I have been suffering from severe shoulder pain for more than 3 to 4 years and unable to lift my left hand or do any of my daily activities. It was swollen. I am basically a fisherman and the pain could have started due to my routine work. I visited many hospitals and the solution to my problem was unsatisfactory. I came to hear that Dr. David Rajan

is a pioneer and expert physician in Arthroscopy, so I was motivated to visit Ortho-One for treatment. I was directed to Dr. Shyam Sundar instead, who then diagnosed me and advised me to take an MRI scan. Upon seeing the MRI I was advised to undergo an arthroscopic surgery in order to get rid of my pain.

I accepted to opt for surgery and was admitted on 23rd January. The surgery was done on the same day. I was discharged on 25th and free of pain. The surgery has been done so efficiently that it leaves just a small scar that is hardly noticeable. I am very happy and satisfied.

The hospital ambiance was too good and I felt home away from home. The doctors, staff nurse and all the staff members at Ortho-One were so patient and friendly. I thank Ortho-One and the entire team.

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# Outreach Programmes



## Orion BasketBall

The District Level Orion Basketball matches were held at the Nehru Stadium, Coimbatore for both men and women from 2nd to 12th December. More than 55

teams participated in this event.

Ortho-One Orthopaedic Speciality Centre served as the Sports Medicine Partner. Mr.Jeyamurugan (PRO), Mr. Okendro, Mr.Kesavan and Mr. Subburayalu (Physiotherapist) were a part of the Medical Team.

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## Coimbatore Vizha

The Coimbatore Vizha was held on 11th and 12th January, 2020 at Don Bosco, Coimbatore. Football and Cricket matches were held for both men and women of different age category. Under 13, Under 16, Under 19 and Open Category were conducted.



Ortho-One Orthopaedic Speciality Centre served as a Sports Medicine Partner and provided basic First Aid support. Mr. Jeyamurugan (PRO) and Mr.Kesavan (Physiotherpaist) were a part of the Medical event.



**Ortho-One Orthopaedic Speciality Centre**

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