



Ortho-One Orthopaedic Speciality Centre

October 2016

Ortho-One Orthopaedic Speciality Centre successfully carries out many Knee and Shoulder surgeries every day. We have skilled fellowship trained, and committed Orthopaedic Surgeons on board to deliver quality care to all our patients. Orthopaedic surgeons are confined to the below mentioned sub-specialties to give focused care. Our doctors confine themselves to one or two sub-specialties.

Click on the below icons to know more about the specialties.

Arthroscopy

Joint
Replacement

Shoulder

Paediatric
Orthopaedics

Spine

Sports
Rehabilitation

Pain Management

Distinguished Alumni Award

Dr. Sudarshan, Ortho-One Anaesthetist was awarded the "Distinguished Alumni" Award by the Manipal University during the Golden Jubilee Celebration. He was honoured for his contribution to the field of anaesthesiology at a professional level and for the services rendered towards the welfare of Anaesthesiologists all over the Southern State as the Secretary of Indian Society of Anesthesiologist, South Zone.



A Patient's Story

Mr. Yoganath of Swamy Ranga Textiles says

" I had walked into Ortho-One on an impulse as the pain in my lower back was intense. It was a problem that I was bearing for years and it was very acute for the previous 6 months, during which time, I went through endless suffering as I went through one treatment after another with little or no progress.

Things started to improve very fast after the treatment with Mr. Ganeshan. Today my schedules are back to what they were before the problem started. From my regular game of Tennis in the morning to business travel, **I do not worry about my back any more**. I have since enrolled myself in Ortho-One's Annual Training along with my wife and son. My son, who is 13 years old, a National Level Tennis Player, has seen marked improvement in his flexibility in the last 3 months, he has been to Ortho-One.

What I like best about the treatment @ Ortho-One is the fact that every time I state a problem, I am given a patient hearing and clear explanation as to why the problem could have happened and how I should go about addressing it. Adding to it, the staff there are courteous and the place is well cleaned and maintained.

I wish the Management and the Physio team the very best and looking forward to my training sessions under them."

Outreach programmes



Vodafone Marathon

The Coimbatore Cancer Foundation in Association with Vodafone organized the Marathon for the Coimbatore Runners (all ages) on October 2nd, 2016 (Sunday) for 5 km, 10 km and 21 km.

There were more than 12,000 Runners who took part in the event. Ortho-One served as a Sports Medicine Partner. Warm up and Cool down sessions were taught by the Physiotherapy Department. First Aid was given for all the Injured Runners.

UFA Basketball Tournament

A Four day Basketball Tournament in Nehru Stadium was conducted between October 13th - 16th, 2016. At the District Level Tournament there were close to 43 teams who participated in the event.



Ortho-One served as a Sports Medicine Partner and injured Athletes were treated with utmost care.



Railway Mixed High School

A Seminar was conducted by Physio-Win (A unit of Ortho-One Orthopaedic Speciality Centre) at the Railway Mixed School located in Podanur , Coimbatore on October 15th, 2016 (Saturday)

between 2 pm to 3 pm. There were 13 teachers and 44 students.

Dr. Rufus gave a lecture on General Awareness on Orthopaedic problems and Mrs. Shanthi Faith, Physiotherapist shared her thoughts on work related issues and exercises.

Greenathon in Coonoor

Greenathon in Coonoor was conducted for

School Children - Open Category on October 22, 2016 (Saturday) for 7 km. There were around 200 students who participated in the Greenathon Event.

Several Knee Care and Stretching Exercises were taught. First Aid support was given to the Injured Students.



Zonal Athletic Meet

A Two Day Zonal Athletic Meet was conducted on October 26th & 27th at the Nehru Stadium Coimbatore. Around 100 Athletes participated in the event.

Athletes from Coimbatore, Pollachi, Gudalur, Erode, Ooty etc took part in the event and First Aid support was given to all the Injured Students.



Ortho-One Orthopaedic Speciality Centre

No.657, Trichy Road, Singanallur, Coimbatore, Tamilnadu

Contact : 0422 4055100, 9942189988

Email : info@ortho-one.in , ortho.one@gmail.com

Website : www.ortho-one.in

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