

Ortho-One Orthopaedic Speciality Centre

July 2017

One in a million surgery

We are living in an era of increased injury levels, and Road Traffic Accidents. Fractures around the hip joint region is very common in orthopaedic surgeries. However, Hip Dislocation with femoral head fracture happens with frequency of two cases in one million patients per year.



Last month, we happened to encounter one such patient. He is a 22-year-old male graduate who suffered such injury following a Road Traffic Accident on the highway, while he was driving his car. He was referred to us by a local Hospital for further management.

Dr. Arul Daniel and his team initially stabilised this gentleman. The X-rays showed fracture of the femur with posterior dislocation. However, the dislocation of the right hip under anaesthesia was put on traction.



A CT scan was taken. The fracture head of femur pattern was studied and planned for safe surgical dislocation and fixation of femoral head fracture. This was a challenging procedure where we dislocated the hip joint and

fixed the fracture with a Bio screw and Titanium headless Screw. Post Op, the patient was relieved from pain and had full range of motion. He was back to normal life after six weeks.

Cyclathon - Awareness Rally for Knee Care

Ortho-One Orthopaedic Speciality Centre Organized Cyclathon - 5 kms Cycle Rally for Knee Awareness on July 30th, 2017 (Sunday). Around 90 participants including patients suffering from arthritis, doctors, staff members, and general public took part in this rally.

The event was flagged off by Mr. M. Durai who is the Coimbatore Deputy Commissioner of Traffic Police along with our Founder, Dr. David V. Rajan.



Outreach programmes



Lions Club - Ortho-One Orthopaedic Camp

Ortho-One Orthopaedic Speciality Centre conducted an Orthopaedic Camp at Ashram Matriculation Higher Secondary School, Kovaipudur on 29th July 2017 (Saturday) between 10 am to 2 pm. BMD Test, Uric Acid Test and Physiotherapy were conducted free of cost. Around 125 people attended the camp and were benefitted.

JK Tyres - FMSCI

Madras Motor Sports Club Bike Race was a successful event. It had the support of Ortho-One as the Medical Partner. This event was held from July 7th - July 9th, 2017. Dr. Deepan and Mr.

Santosh were the main resource members assisting the participants on track to ensure they were given the needed support.

Since Ortho-One Orthopaedic Speciality Centre served as a Sports Medicine Partner for JK tyres, fitness evaluation was done on the spot for the riders.



Free Orthopaedic Camp

Ortho-One Orthopaedic Speciality Centre conducted a free Orthopaedic Camp in Abinand Hospital, Sundarapuram on 22nd July, 2017 (Saturday) between 10 am - 7 pm.

Dr. Deepan and Dr. Ganesan provided treatment for 90 patients. Ms. Shanthi Faith (Physiotherapist) was also available to assist the patients.



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