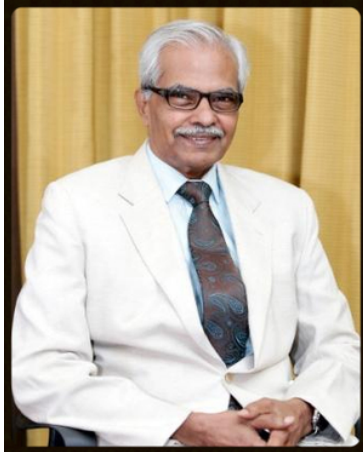




Ortho-One Orthopaedic Speciality Centre

August 2016



Chairman's Message

Dear Friends,

We have been receiving good feedback about the newsletters so far.

We had the inauguration of the New Out patient Centre in Coonoor. It is situated very close to Sims Park and the Pasteur Institute.

The inauguration was attended by the dignitaries from Coonoor. The Tea Board Director, Mr. C. Paulrasu, IAS cut the ribbon to mark the inauguration.

We have our Doctors Stationed permanently in Coonoor to handle the Outpatient Clinic. Dr. John Benny Ms Ortho is now ably assisted by Ms. Dhivya, BPT along with a supporting Staff.

One senior consultant from Ortho-One (Coimbatore) will be visiting the Coonoor facility every Saturday

We hope to see the clinic grow to be a small peripheral full-fledged Orthopaedic Outpatient Clinic with a mini operation theatre etc.

My Best Wishes!

David V. Rajan

Out Patient Facility in Coonoor

Ortho-One has now inaugurated one more brand new Out-patient Facility at 72, Everserve Enclave, Sims Park Road, Coonoor – 643101. On August 6, 2016 the facility was grandly opened by a ribbon-cutting ceremony. The Tea Board Director Mr. C. Paulrasu, IAS was the honourable Chief Guest. Dr. James Gnanadoss gave an inspirational speech which was followed by an encouraging message from Dr. David V. Rajan, Chairman of Ortho-One.

It was interesting to listen to the Chief Guest, Mr. C.Paulrasu who shared a few

thoughts with the gathering.

The entire event concluded with a vote of thanks by Mrs. Suneetha Rajan. The overall ceremony began in a grand way which ended on a very encouraging and positive note.



Joining News - Spine Surgeon

Dr. James J. Gnanadoss, an exclusive Spine Surgeon has joined the Centre very recently as the Head of the Spine Surgery Unit. He has more than 35 years of rich experience in Spine Surgery and had been the Head of the Orthopaedic Department in various Medical Colleges including Pondicherry Institute of Medical Sciences and PSG Medical College.

He worked in the unit of Spinal Disorders as a Professor at Pondicherry Institute of Medical Sciences and at MIOT, Chennai.



Ortho-One 9th Anniversary Celebration

Ortho-One celebrated its Ninth Anniversary on 15th July, 2016. Dr. James J. Gnanadoss – Spine Surgeon was the Special Chief Guest. The program started with the Chief Guest's message around 6 pm followed by many cultural programs. There were some interesting competitions for the kids and many more events like Dancing, Singing, Skit, etc. which was thoroughly enjoyed by the team.

It was encouraging to see many staff members and their children coming forward and participating in the event. The program ended with a sumptuous dinner. All the staff members enjoyed the celebration. Ortho-One wishes to thank every one for their participation and support in making this a truly joyful and memorable event.



A Patient's Story

Mr. Linus Widman, aged 21 states, "I had come down from Germany for a retreat. I was suffering from spine problem for almost three weeks and the pain was gradually increasing. One of my friends referred me to Ortho-One and I was treated by Dr. Sreeramalingam – Spine Surgeon. He was very friendly, attentive and he suggested that I do some exercises. He also prescribed few medications.

Moreover he advised me regarding sleeping postures and told me to avoid some postures on a regular basis".

In conclusion he added saying "Ortho-One has a very good clean environment and good patient care support."



Outreach programmes

Sri Meenakshi Matriculation Higher Secondary School

A free Seminar was conducted by Physio-Win (A Unit of Ortho-One) at Sri Meenakshi Matriculation Higher Secondary School for primary school children at Sundarapuram on July 30th, 2016 between 1:30 pm to 2:30 pm.



Around 200 students and 20 teachers attended the Seminar. Dr. John Benny & Mrs. Shanthi Faith addressed the gathering and shared on Repetitive Stress Management.



SIDCO Camp

A Free Awareness Seminar was conducted by Physio-Win (A Unit of Ortho-One) for Coimbatore SIDCO Industrial Estate Manufacturer's Welfare Association on July 26th, 2016 between 7 pm to 8 pm.

There were close to 27 Industry Owners who participated.

Dr. John E. Benny gave a lecture on General Awareness and Mr. Ganesan shared on work-related issues and exercises.

The overall feedback from the Industry owners was very positive and encouraging.



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